



LAURA ELISABETH ULRICH

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@lauraelisabethulrich

VOCALIST | ACTRESS | ARTIST

Hair: Brown | Eyes: Blue | Vocal Range: D3-E6

Height: 5'7" | Weight: 130lbs | Bust: 35.5" | Waist: 28" | Hips: 39" | Dress Size: 4

Education

The University of Louisiana at Monroe

Master of Science, Psychology: Psychometrics 2010-2011

Louisiana Tech University

Bachelor of General Studies, Humanities 2004-2009

Minor: Music Performance, Vocal

Traditional Work Experience

Museum Assistant, Biedenharn Museum & Gardens	Monroe, La	June 2018-Current
Creative Arts Consultant, CA Studio	Monroe, La	February 2018-Current
Data Manager, United Way of Northeast Louisiana	Monroe, La	2015-2017
Program Director, AppleGate Recovery of Monroe	Monroe, La	2012-2015
Clinical Assistant, AppleGate Recovery	Bossier City, La	2011-2012
Graduate Assistant, ULM	Monroe, La	2011
Graduate Office Receptionist, ULM	Monroe, La	2010
Soloist, First United Methodist Church of Shreveport	Shreveport, La	2009-2012
Soloist, First United Methodist Church of Monroe	Monroe, La	2008-2009
Waitress, Lea's of Lecompte	Monroe, La	2008-2009
Salsa Instructor, Harvey's Dance Hall	Monroe, La	2007-2009
Soloist, St. Paul's United Methodist Church	Monroe, La	2004-2008
Customer Service Representative, Blockbuster Video	Monroe, La	2003-2005

Training

Vocal

Dr. Louis Nabors	2009-2010
Dr. Laura Thompson	2004-2009

Theatrical

Cathy Airhart Web	1996-2004, 2008-2010
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Dance

Anna Maria Sparke	Tap	2020
Jeffrey Dominessey	Argentine Tango	2008
Jay Stylz	Salsa, Bachata, Body Isolation, Tricks	2007-2008
Jenni Marciano	Hand Shines, Foot Shines, Tricks	2007-2008
Christian Villalobos	Salsa, Musicality, Dips & Couple Tricks	2007
Crystal Verver	Hand Shines, Foot Shines, Spins	2007
Mikko Kemppe	Salsa, Cha cha cha	2005-2009
Scot Baronet	Movement & Dance for Stage	2000-2005

Acting Groups

CA Core	2019-Current
*Improv	2018-2019
*CA Studio	2018-Current, 2008-2010

Dance Groups

*Salsa Monroe	2005-2009
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Choral Groups

*First United Methodist Church Choir, Shreveport	2009-2012
*First United Methodist Church Choir, Monroe	2008-2009
Louisiana Tech Women's Choir	2007-2008
Louisiana Tech Chamber Singers	2004-2009
Louisiana Tech Concert Choir	2004-2008
*St. Paul's United Methodist Church Choir, Monroe	2004-2008
Neville High School Choir	2001-2004
Neville High School Tower Singers	2001-2004
Masterworks Young Singers	1996-2000

Service Groups

Sigma Alpha Iota Music Fraternity	2006-2009
Epsilon Kappa Chapter President	2007-2008
Epsilon Kappa Chapter Sergeant at Arms	2006-2007
Lambda Sigma Chi Service Sorority	2001-2004

Competitions

*Colgate Country Showdown (Regional Judge)	2008, 2009
*Honky Tonk Talent Search (Local Judge)	2007, 2008
National Association of Teachers of Singing (NATS), Southern Regional Competition	
1st place - Classical, Sophomore Women	2006
1st place - Classical, Freshman Women	2005
3rd place - Lower College Musical Theatre, Men & Women	2005

Awards, Scholarships & Recognitions

Christopher Awards, Strauss Theatre Center		
Nominated for Best Supporting Actress in a Musical	<i>Sister Act</i>	2018
Nominated for Best Actress in a Comedy/Drama	<i>Divorce Southern Style</i>	2005
The University of Louisiana at Monroe		
Academic Dean's List	2010-2011	
Louisiana Tech University		
Cheatham Honors Recital Performer	2006, 2007, 2008	
Academic Dean's List	2006-2009	
Ben Laney Memorial Scholarship	2006, 2007	
Virginia Thompson Memorial Scholarship	2006, 2007	
Academic Scholarship	2004-2008	
School of the Performing Arts Dorm Waiver	2004-2008	
Choral Scholarship	2004-2008	
TOPS Opportunity Award	2004-2008	
Neville High School		
Who's Who Among American High School Students	2003, 2004	

Special Performances, Choral, & Concert

CA Studio's Midsummer Night's Fundraiser	2019
Lea's of Lecompte, Monroe	
Soloist & Promoter	
Raise the Hook Fundraiser Concert	2019
Emmett Hook Center, Shreveport	
Soloist & Small Ensemble Vocalist, Live request performer	
The Christopher Awards	2019
Strauss Theatre Center, Monroe	
Ensemble Vocalist	
*The Spiritual Side of Les Miserables Concert	2019
Emmett Hook Center, Shreveport	
Performed the roles of Cosette & the Constable	
Twelfth Night Celebration Fundraiser	2019
CA Studio, Monroe	
Solo & Small Ensemble Vocalist	
Tribute to Sand Lawn	2014
Strauss Youth Academy for the Arts, Monroe	
Performed in multiple medlies & solos commemorating the years Sand Lawn was with Strauss	
*Southern Republican Leadership Conference	2010, 2011
Hilton New Orleans Riverside, New Orleans	
Soloist to open several meetings with National Anthem	
*Star Wars: in Concert	2010
CenturyLink Center, Shreveport	
Featuring Anthony Daniels as narrator with Dirk Brossé conducting the Royal Philharmonic Orchestra	
Ensemble Soprano I	
*Republican National Convention	2008
St. Paul, Minnesota	
Soloist to open several meetings with National Anthem	
Soloist at Prayer Breakfast with gospel choir backup	
*Benefit Concert	2007
First United Methodist Church, Monroe	
Concert arranged in preparation for trip to Rome, Italy	
Performed with C.J. Stearman, mezzo-soprano	
Louisiana Composer's Consortium Concert Series	2006-2008
Louisiana Tech University, University of Louisiana at Monroe, Centenary College, & Northwestern State University	
Solo & Small Ensemble Vocalist 8x	
*AAU Regional Basketball Tournament	2006
Fant-Ewing Coliseum, Monroe	
Soloist to open the tournament with National Anthem	
International Mozart Festival	2006
Salzburg & Vienna, Austria	
Louisiana Tech Chamber Singers	
Washington DC	1990's
Masterworks Young Singers	
Concert series at various venues	
New York	1990's
Masterworks Young Singers	
Concert series at various venues	

Workshop & Variety Show Credits

Title of Workshop/Variety Show	Role	Backstage Work	Location	Year
<i>*Music & Mayhem Workshop</i>		Music Director	CA Studio, Calhoun Director: Cathy Airhart Webb	2019
<i>*Mary Poppins Returns Workshop</i>		Music Director	Strauss Youth Academy for the Arts, Monroe Director: Walter Allen	2019
<i>*SYAA's Descendants, Too! Workshop</i>		Music Director	Strauss Youth Academy for the Arts, Monroe Director: Walter Allen	2018
<i>*Elsa & Anna's Broadway Takeover Workshop</i>		Music Director	Strauss Youth Academy for the Arts, Monroe Director: Walter Allen	2018
<i>*100 Years of Broadway</i>	Various Solos		First United Methodist Church, Shreveport Director: Will Address	2010
<i>*Jubee Revue</i>	Various Solos	Asst. Director	Rayville Arts Center, Rayville Director: Cathy Airhart Webb	2009
<i>*Jubee Revue</i>	Various Solos	Asst. Director	Rayville Arts Center, Rayville Director: Cathy Airhart Webb	2008
<i>Opera Workshop</i>	Various Solos		Louisiana Tech, Ruston Director: David Wylie	2006
<i>Cottonland Christmas Unwrapped</i>	Various Solos		Strauss Theatre Center, Monroe Director: Scot Baronet	2003
<i>Cottonland Christmas Unwrapped</i>	Various Solos		Strauss Theatre Center, Monroe Director: Scot Baronet	2000

Film Credits

Title of Film	Role	Backstage Work	Location	Year
<i>Grandmother</i> Fatal Frame Productions	Caretaker		St. Joseph, LA Director: Hannah Bishop & Bing Bishop	2020
<i>The Lullaby</i>	Extra		Shreveport, LA Director: Josh Munds	2019
<i>*The Click (short film)</i> Trouvaille Productions	Emma	Co-Writer (24-hr festival)	Monroe, LA Director: Lucy G. Brown	2018

Commercial Work

<i>*Ouachita Valley Federal Credit Union, Wife</i>	2019
<i>*Bayou Dental Group, Actress</i>	2019
<i>*LaWard Cellular, Customer</i>	2009, 2010
<i>*Haik Humble Eye Clinic, Patient</i>	2009
<i>*St. Francis Sports Medicine, Patient</i>	2004

Stage Credits

Title of Production	Role	Backstage Work	Location	Year
<i>*Shakespeare in Love</i>	Kit Marlowe	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2020
<i>*The Lifespan of a Fact</i>		Technical Director	CA Studio, Monroe Director: Cathy Airhart Webb	2020
<i>*Into the Woods</i>	The Witch		Emmett Hook Center, Shreveport Director: Joe Todaro	2019
<i>*A Doll's House</i>	Christina Linden		CA Studio, Monroe Director: Cathy Airhart Webb	2019
<i>*Annie</i>	Lily St. Regis		Emmett Hook Center, Shreveport Director: Joe Todaro	2019
<i>*Rosencrantz & Guildenstern Are Dead</i>		Asst. Director ; Sound Design	CA Studio, Monroe Director: Cathy Airhart Webb	2019
<i>*The Crucible</i>	Elizabeth Proctor	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2018
<i>*Mamma Mia!</i>	Sophie Sheridan		Emmett Hook Center, Shreveport Director: Richard Folmer	2018
<i>*Much Ado About Nothing (1860)</i>	Widow Jeanne (Don John)	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2018
<i>*James & the Giant Peach</i>	Aunt Spiker	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2018
<i>Sister Act</i>	Sister Mary Robert		Strauss Theatre Center, Monroe Director: Terri L. Cunningham	2018
<i>*The Great Gatsby</i>		Sound Design	CA Studio, Monroe & Ruston Director: Cathy Airhart Webb	2018
<i>Jekyll & Hyde</i>	Lucy Harris		Rose Theatre, Bastrop Director: Hal Robinson	2009
<i>Charlie & the Chocolate Factory</i>		Creative Consultant	CA Studio, Monroe Director: Cathy Airhart Webb	2009
<i>*Macbeth</i>	Witch	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2009
<i>*Charlotte's Web</i>	G&er	Asst. Director	CA Studio, Monroe Director: Cathy Airhart Webb	2009
<i>*The Conjunction of Comedia & Errata (Shakespeare's The Comedy of Errors)</i>	Antipholus of Comedia	Asst. Director	Dixie Theatre, Ruston Director: Cathy Airhart Webb	2008
<i>*Oliver!</i>		Asst. Director	Rayville Arts Center, Rayville Director: Cathy Airhart Webb	2008
<i>Le Nozze di Figaro (The Marriage of Figaro)</i>	Cherubino		Rome, Italy Director: Fritz Maraffi	2008
<i>*Amahl & the Night Visitors</i>	Villager		St. Paul's Methodist Church, Monroe Director: Laura Thompson	2006

<i>Divorce Southern Style</i>	Elizabeth	Costuming	Strauss Theatre Center, Monroe Director: Scot Baronet	2005
<i>Annie</i>	Grace Farrell	Costuming	Strauss Theatre Center, Monroe Director: Willie Cogburn	2004
<i>Les Miserables- Reprise Casting</i>	Fantine		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2004
<i>Les Miserables</i>	Fantine		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2004
<i>Deathtrap</i>		Backstage	Strauss Theatre Center, Monroe Director: Scot Baronet	2003
<i>The Best Little Whorehouse in Texas</i>	Linda Lou		Strauss Theatre Center, Monroe Director: Scot Baronet	2003
<i>Romeo & Juliet</i>	Juliet	Sound Design	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2003
<i>The Lion, the Witch, & the Wardrobe</i>	The White Witch		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2002
<i>Schoolhouse Rocks!</i>	Dori		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2002
<i>A Midsummer Night's Dream</i>		Asst. Director Sound Design	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	2002
<i>Sleeping Beauty</i>	Princess Narcissus		Strauss Theatre Center, Monroe Director: Nan Cogburn	2000
<i>High Society</i>	Chorus		Strauss Theatre Center, Monroe Director: Chris Ringham/Scot Baronet	2000
<i>Wait Until Dark</i>	Gloria		Strauss Theatre Center, Monroe Director: Chris Ringham	1999
<i>I Sincerely Doubt That This Old House is Haunted</i>		Spotlight	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1998
<i>The Sound of Music</i>	Louisa		Strauss Theatre Center, Monroe Director: Chris Ringham	1998
<i>Return to the Forbidden Planet</i>	Chorus		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1998
<i>The Hobbit</i>		Backstage	Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1997
<i>Junkyard Dogs</i>	Skeeter		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1997
<i>Ramona Quimby: Age 8</i>	Susan		Strauss Theatre Center, Monroe Director: Nan Cogburn	1997
<i>Southern Angst</i>	Narrator		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1997
<i>Boogie on the Bayou</i>	Woodpecker		Strauss Theatre Center, Monroe Director: Cathy Airhart Webb	1996
<i>Annie Warbucks</i>	Annie		Strauss Theatre Center, Monroe Director: Chris Ringham	1996

Pinocchio

Blue Fairy

Strauss Theatre Center, Monroe
Director: Cathy Airhart Webb

1996

* denotes paid work